

# THORZT ICY POLES

## DESCRIPTION

The ingestion of ice has been shown to be a superior method of lowering the core body temperature than fluids served at 4°C. In addition to the cooling benefits, crushed ice ingestion also improved endurance performance in the heat. (Siegel et al., 2011).

## FEATURES & BENEFITS

- Easy way to treat dehydration associated with heat stress and illness, THORZT Icy Poles are a soothing way to rehydrate
- Low in sugar
- Caffeine and gluten free
- Proprietary electrolyte formula
- L-Glutamine and essential Branch Chain Amino Acids (BCAA's)
- Available in 5 delicious flavours:
  - Blue Lemonade
  - Lemon Lime
  - Orange
  - Tropical
  - Wild Berry
- Great for sporting, personal and industrial use

## SERVING

1. Place THORZT Icy Poles in the freezer.
2. When frozen, simply snap and twist the Icy Pole, breaking it in half.
3. Gently squeeze bottom of frozen THORZT Icy Pole, enjoy small amounts until consumed.

## APPLICATIONS

- Outdoor / indoor work
- Heavy physical activity
- Sports

## PRODUCT DETAILS

Ctn Qty: 15 x packs of 10 90ml tubes  
10 x 90ml tubes per pack



MIX  
MIXED PACK

CODE: ICEMIX

BL  
BLUE LEMONADE

LL  
LEMON LIME

OR  
ORANGE

TR  
TROPICAL

WB  
WILD BERRY